



Metro NY

Carcinoid Support Group Newsletter

April 18, 2002

Chapter Meetings

The Manhattan Chapter held their first meeting on March 10th. The meeting was held at the home of MariEllen Beberman.

The Long Island Chapter held their first meeting on April 12th. The meeting was hosted by Claire Flynn and Ann VanHove. The group met at the Cleary School for the Deaf.

Both chapters report that the meetings were a success for all who attended. It was a good opportunity to get to know one another. As was seen in New Jersey, there is a definite need for sharing our hopes, concerns and knowledge with each other.

Watch the Carcinoid Cancer Foundation's web site (www.carcinoid.org) and the newsletter for future meeting dates.

Newsletter Change

Since the newsletter is now being distributed to all Metro members, it will simply be the **Metro Newsletter**. If you have any suggestions for articles, please let us know.

For Newsletter questions please contact:

Sue Weiveris
Phone/Fax: 908-276-4873
E-Mail: NoidFighter@aol.com

Nationwide Phone Support List

The Metro New York Carcinoid Support Group is working in cooperation with the Carcinoid Cancer Foundation in the formation of a Nationwide Telephone Support List.

The list will enable fellow noids from all over the country to communicate with each other. The list is based on the same principle we have used for our Metro Support List. It will include name, city (optional), state, phone number, e-mail, diagnosis, treatments and Carcinoid specialist being seen.

The list will be distributed to each person on the list as well as all national support group

leaders and the Foundation. This will enable other leaders and the Foundation to put people in touch with someone in their local area. It will also help people to connect with other noids who have similar diagnoses or to chat with someone about a particular treatment question.

There is a new form being circulated for the National List. If you are on the Metro List, your name will not automatically be added to the National List until you fill out, sign and return the proper form. We are enclosing a form with this newsletter for anyone interested in participating in the Nationwide List.

May 5th - A Preview

The May 5th meeting promises to be very informative. Our guest speaker, Diana Dyer, MS, RD has written a book entitled A Dietitian's Cancer Story and will give insight on nutrition issues following a diagnosis of cancer. In addition, Monica Warner, MS, RD, CDN and Dr. Richard Warner will enlighten us on carcinoid specific nutritional concerns. Linda Chio, MS, RD, CDN will discuss special nutritional considerations in surgery and chemotherapy.

Ms. Dyer's book and the transcript from Dr. Warner's January lecture will be distributed. We also anticipate having copies of Wayne Tefs book, Rollercoaster: a cancer journey, available for sale.

See the Foundation's website (www.carcinoid.org) for more details. We hope you will be able to join us.

Caregivers' Corner

TIPS OF THE MONTH

From the National Family Caregivers Association
Tips for Family Caregivers

- 1 - When people offer to help, accept the offer and suggest specific things they can do.
- 2 - Educate yourself about your loved one's condition and how to communicate effectively with doctors.

For more information contact Jim (caring4noids@aol.com)

Upcoming Dates

May 5, 2002 - Tri State meeting to be held at Mount Sinai. Our guest speaker will be Diana Dyer MS, RD. Diana's topic will be *Nutrition for Life*. Dr. Richard Warner, Medical Director of the Carcinoid Cancer Foundation, Monica Warner, MS, RD, CDN, Research Director of the Foundation and Linda Chio, MS, RD, CD, Clinical Dietitian at Mount Sinai Hospital will also be present.

July 2002 - NJ Chapter meeting. Date to be announced. The group has decided to extend the meeting to 3 hours to allow for viewing of a PBS program on tumor growth. We are also considering a barbeque for noids, family members and friends. Let us know what you think of this idea and what dates you are available.

Assistance Please

We can still use assistance distributing flyers to doctors' offices for the May 5th meeting. If you can help, please contact your local chairperson or Jenny (Jspike60@aol.com), or Sue (NoidFighter@aol.com). Sue can also be reached at 908-276-4873.