



Metro NY

Carcinoid Support Group

New Jersey Chapter

January 15, 2002

Dave Thomas' Carcinoid

Many of us were saddened by the death of Dave Thomas, the founder of Wendy's. He was a true gentleman, not only as a businessman, but in his efforts toward adoption. But, many people do not know, and many news releases failed to specify that Dave Thomas had carcinoid that had metastasized to his liver.

Mr. Thomas' passing is a true loss to his family, the business world and to adoption programs everywhere, but many of us also see it as an opportunity to educate the public about Carcinoid. It is not too late to write a letter to your local newspapers and to the news magazines stating the inaccuracy of so many reports that state he died of liver cancer. For more information see the following web sites:

Carcinoid Cancer Foundation (CCF)
www.carcinoid.org

Susan Anderson's Web Page
http://home.att.net/~S.L.Anderson

Wendy's Home Page
www.wendys.com

For Newsletter questions please contact:

Sue Weiveris
Phone/Fax: 908-276-4873
E-Mail: NoidFighter@aol.com

First Tri State Meeting

Our inaugural Tri State meeting was held in New York on January 13th, 2002.

The meeting was opened by Monica Warner, Coordinator of Research and Development for the Carcinoid Cancer Foundation. Monica spoke about the the importance of educating patients, caregivers and the medical community about Carcinoid. It is essential for medical professionals to recognize symptoms of Carcinoid disease, especially syndrome characteristics.

Our guest speaker was Dr. Richard Warner, Associate Clinical Professor of Medicine at Mount Sinai School of Medicine and Medical Director of The Carcinoid Cancer Foundation. Dr. Warner has dedicated over forty years to Carcinoid research and treatment.

Dr. Warner gave a brief recap of Carcinoid disease. This included statistics on the most common primary sites and on survival rates with and without treatment. He then spent time explaining diagnostic techniques that are

available. In addition to the standard imaging used, Dr. Warner explained the importance of documenting tumor markers.

A very exciting development in diagnosis is a tiny camera that is encased in a pill about the size of a vitamin capsule. The patient swallows the capsule and it goes through the digestive system taking pictures at about the rate of one per second. Hopefully this will prove to be a great help in finding primary sites as well as any other tumors at a much earlier stage of development.

We hope that everyone who attended this meeting left with some additional knowledge about carcinoid. It is also our hope that the attendees left realizing that they are not alone in dealing with this disease and that part of the mission of the Metro NY Support Group is to provide emotional support, in addition to educational information for it's members.

Many thanks to Monica and Dr. Warner for making our first meeting a success.

Upcoming Dates

February 10, 2002 - New Jersey meeting - instead of a speaker, we will use this time to get acquainted with all the new faces we saw at Mount Sinai.

May 5, 2002 - Tri State meeting to be held at Mount Sinai. Our guest speaker will be Diana Dyer MS, RD. Diana 's topic will be *Nutrition after Cancer and in Carcinoid Syndrome*.

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*Updated Support List enclosed.*  
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Coffee Anyone?!

Karen Antoshkiw (Kaanto@aol.com) has been gracious enough to volunteer as 'Refreshment Coordinator' for our New Jersey Chapter. Anyone who can assist with refreshments for our meetings please feel free to contact her.

Thanks Karen.



Dr. Warner addresses questions from an attentive audience